

## 研修のふりかえり

施設名

受講番号・氏名

## 1. 学んだこと、感じたこと

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for writing or drawing. There are no margins, text, or other markings on the paper.

## 2. 今後の課題（自分の業務にどう活かすかなど）

This image shows a single page of white paper with ten evenly spaced horizontal black lines, resembling notebook paper. The lines are parallel and extend across the width of the page. There is no handwriting or other markings on the paper.